

### सावित्रीबाई फुले पुणे विद्यापीठ

(पूर्वीचे पूणे विद्यापीठ)

#### राष्ट्रीय सेवा योजना

गणेशखिंड, पुणे - ४११ ००७

कार्यालय क्र.

फॅक्स क्र.

मोबाईल : 9669906070

संदर्भ : रासेयो/९७/१८

दि. ०९/०६/२०१८

प्रति.

मा. प्राचार्य/ कार्यक्रम अधिकारी, रासेयो संलग्नीत सर्व महाविद्यालये. पुणे, अहमदनगर व नाशिक जिल्हा

विषय : 'आंतरराष्ट्रीय योग दिवस' साजरा करण्याबाबत

महोदय.

दि. २१ जून हा दिवस 'आतंरराष्ट्रीय योग दिवस' म्हणून संयुक्त राष्ट्रसंघाच्या महासभेत घोषित करण्यात आला आहे. त्यानुसार मा. सचिव, युवा कार्यक्रम विभाग आणि खेल मंत्रालय, भारत सरकार व मा. क्षेत्रीय संचालक, क्षेत्रीय संचालनालय, भारत सरकार, पुणे यांनी पाठिवलेल्या पत्रानुसार २१ जून रोजी आंतरराष्ट्रीय योग दिनानिमित्त योगासनांच्या बाबतीत जनजागृती करण्यात यावी, असे निर्देशित केले आहे.

त्याप्रमाणे २१ जून २०१८ रोजी 'आंतरराष्ट्रीय योग दिवसाच्या' निमित्ताने योगासनांविषयी जनजागृती निर्माण करण्याच्या दृष्टीने आपल्या महाविद्यालयामार्फत राष्ट्रीय सेवा योजना स्वयंसेवकांच्या सहभागाने महाविद्यालय परिसरात कार्यक्रमांचे आयोजन करण्यात यावे. सदर प्रभावीपणे उपक्रम राबवून या उपक्रमाचा सविस्तर अहवाल छायाचित्रासह ਕ nss@unipune.ac.in या मेलपत्त्यावर पाठवावा. कळावे, ही विनंती.

सोबत : योग दिन कार्यक्रमाचे स्वरूप

राष्ट्रीय सेवा योजना

## ACTION PLAN OF CELEBRATION OF INTERNATIONAL DAY OF YOGA ON JUNE 21<sup>ST</sup> 2018 BY THE NSS ORGANISATION

Unlike Last year 21<sup>st</sup> June 2017 was celebrated as International Day of Yoga by the various NSS Units in the country in a big way. This year also, NSS organization plans to celebrate the International Day of Yoga on 21<sup>st</sup> June, 2018 in the befitting manner. Following instruction are to be followed by all the Regional Directorate of NSS.

The following activities/programmes will be conducted by various NSS units in the country to celebrate the International Day of Yoga on 21<sup>st</sup> June, 2018:

- A workshop on Yoga will be conducted in all the Universities having NSS, which will be followed by demonstration and performance of series of Yog-Asanas.
- All the NSS Units will perform the Yog-Asanas in their campuses to mark the occasion.
- All the Special Camping programmes will have a component of performance of Yog-Asanas.
- The day will start with the performance of Yog-Asanas in all the National Level programmes, like Pre- Republic Day Parade Camps, Republic Day Parade Camp, National Youth Festival, National Integration Camp etc. being conducted by the NSS units all over the country.
- Rallies will be organised in all the capitals by the NSS volunteers to make the people aware about the benefits of Yog-Asanas and to motivate for living a healthy life.

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# F.No.P. 24-1/NSS/DIR/2016 Government of India Ministry of Youth Affairs and Sports Directorate of NSS

Directorate of NSS 12/11, Jam Nagar House, New Delhi-110011

Date: 26<sup>th</sup> April, 2018

The Regional Directors
All Regional Directorates of NSS

Sub: Observation of International Day of Yoga on 21st June, 2018-reg.

Sir/Madam,

As you are aware that 21<sup>st</sup> June is observed as International Day of Yoga every year. This year also NSS has to observe 21<sup>st</sup> June, 2018 as International Day of Yoga. In this regard please find enclosed the Action Plan for observance of International Day of Yoga on 21<sup>st</sup> June, 2018 for necessary action at your end please

You are also requested to prepare a plan of action so as to cover all the Units and Universities on International Yoga Day, 2018 Progarmme. A Brief Report (on the prescribed Format enclosed) mentioning No. of Volunteers, No. of Units and No. of Universities involved in International Yoga Day, 2018 along with captioned action Photographs(JPEG), Short Videos (if possible), Paper Clippings etc. may be sent to this office after completion of the programme for onward submission to the Ministry.

Encl: As Above

Yours faithfully

(Sunil Kumar Basumatary)
Assistant Programme Adviser

Copy to:-

1. Smt. G.S.Chitra, Under Secretary (NSS section), Government of India, Department of Youth Affairs, Shastri Bhawan, New Delhi.

## NATIONAL SERVICE SCHEME International Day of Yoga, 21st June-2018

Sl. No.	Total No. of Colleges/Schools Participated	Total No. of Units	Total No. of NSS Volunteers Participated	Total No. of Local Youth/others Participated	Total Number of Participation
1					
2					
3					
4					
5					
6					
7					
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